

Canadian Interdisciplinary Network for
Complementary & Alternative Medicine Research



Réseau interdisciplinaire canadien de recherche
sur les médecines alternatives et complémentaires

3rd Annual IN-CAM
Research Symposium
Integrating CAM
Research and Practice

PRE-CONFERENCE PRESENTATION

***"New" Natural Health
Product Regulations:
How are they Impacting
Industry and Consumers?***

***Dr. Heather Boon
Leslie Dan Faculty of Pharmacy
University of Toronto***

**Friday, November 3rd
6:30 - 7:30pm**

**Libin Theatre, University of Calgary
Health Sciences Centre**

Visit www.incamresearch.ca for conference information

SYMPOSIUM PROGRAM

Saturday November 4, 2006

8:00	Continental Breakfast and Registration	
8:45	Opening and Welcome <i>Marja Verhoef and Heather Boon—IN-CAM Co-Directors</i>	
9:00	Keynote Stewart Mercer, MD PhD <i>General Practice and Primary Care, University of Glasgow, Scotland</i> Practitioner Empathy, Patient Enablement, and Health Outcomes in Complementary and Conventional Systems of Care	
10:00	Nutrition Break	
10:30	Oral Presentations - Two concurrent sessions	
	CAM Information and Decision-Making <i>Session Chairs: Lynda Balneaves and Barbara Findlay</i>	CAM Policy/Regulation <i>Session Chairs: Heather Boon and Stacey Page</i>
	Lynda Balneaves <i>Maximizing chances, minimizing risks: Navigating complementary and alternative medicine decisions</i>	Stacey Page <i>Buy the way: an exploration of products and fees advertised on chiropractic websites in Alberta</i>
	Gail Armitage <i>Women's information preferences regarding CAM for menopausal symptoms</i>	Kristine Hirschkorn <i>The professionalization of herbal medicines in Canada: A case study of political and institutional opportunities and challenges</i>
	Annette Vroegindewey <i>Complementary and alternative medicine decision-making by women with fibromyalgia</i>	Heather Boon <i>Canadian consumers' perceptions of the risk information on the new natural health product labels</i>
	Laura Vanderheyden <i>What's the story about complementary and alternative medicine for cancer in the Canadian print media?</i>	Rebecca Brundin-Mather <i>One step back, two steps forward: Recent progress of the CAM in UME project</i>
11:40	Oral Presentations - Two concurrent sessions	
	CAM Clinical Practice <i>Session Chairs: Sabine Moritz and John Crellin</i>	CAM Surveys <i>Session Chairs: Marja Verhoef and Anne Leis</i>
	Sabine Moritz <i>A home-based spirituality education programme: Qualitative exploration of participants' experiences</i>	Shelly Vik <i>Correlates of natural health product use for osteoporosis</i>
	Trish Dryden <i>Clinical case reporting for complementary and alternative health care practitioners: An online course</i>	Yvonne Leung <i>Correlates associated with acute coronary syndrome patients' cardiac rehabilitation and/or mind-body therapy participation</i>
	Anna Kania <i>Integrating scar massage into burn care provided at an NGO hospital in Cambodia</i>	Anne Leis <i>Prevalence of traditional Chinese medicine and other complementary/alternative medicine use among Chinese cancer patients</i>
	Matthew J. van der Giessen <i>Hospital based massage: Integrating somatic practices in acute care facilities</i>	Marja Verhoef <i>Surveys of CAM use in cancer: A Conceptual Jungle</i>
12:40	Lunch (buffet style)	
1:45	Keynote John Toews, MD FRCPC <i>Departments of Psychiatry and Telehealth, University of Calgary</i> The Relationship Between Spirituality and Health: Hype or Substance?	
2:30	Nutrition Break	
3:00	Workshops - Four concurrent sessions	
	Academic 'trainee' networking workshop: Identifying collaboration opportunities in CAM research - <i>Laura Vanderheyden, Kristine Hirschkorn, Daniel Hollenberg, Jennifer Cuffe</i>	
	Building research capacity in homeopathic medicine - <i>David Brulé and Heather Boon</i>	
	Case reports and how they can be used to evaluate practice - <i>Esther Suter</i>	
	How to write a CAM research proposal - <i>Anne Leis, Jennifer Millard, Marja Verhoef</i>	
4:30	Poster Presentations - <i>Various Presenters (refer to page 3)</i>	
4:30— 6:30	IN-CAM Reception	

Sunday November 5, 2006

8:15 **Continental Breakfast**

9:00 **Keynote** Charlotte Paterson, MD PhD *Department of Social Medicine, University of Bristol, United Kingdom*
Patient Centred Outcomes: Measuring the Outcomes that are Important to the Individual

9:45 **Oral Presentations** - Two concurrent sessions

CAM and Pediatrics

Session Chairs: Trish Dryden and Sunita Vohra

Karine Toupin April

Why do children with juvenile idiopathic arthritis use complementary and alternative health care?

Brenda Leung

The use of naturopathic healthcare services in children under the age of 15

Brad Johnston

Probiotics to prevent pediatric antibiotic-associated diarrhea: A Cochrane review of explanatory and pragmatic clinical trials

Trish Dryden

Women's experiences of massage therapy during high risk pregnancy: A qualitative study

CAM and Cancer

Session Chairs: Doreen Oneschuk and Anne Leis

Margaret White

Curing versus healing: The role of spirituality in treatment decision-making for men with prostate cancer who forgo conventional treatment and use CAM

Laura Van Wielingen

Mindfulness-based stress reduction and blood pressure in women with cancer

Doreen Oneschuk

A survey of complementary therapy services in Canadian palliative care settings

Linda Carlson

Pilot crossover trial of reiki vs. rest for treating cancer related fatigue

10:45 **Nutrition Break**

11:15 **Oral Presentations** - Two concurrent sessions

CAM Reviews

Session Chair: Mark Ware and Kristine Hirschhorn

Larissa Shamseer

Antioxidant micronutrients for inflammation during lung disease in cystic fibrosis

Bruno Da Costa

Expertise-based randomized controlled trials to assess spinal manipulation for low back pain: A systematic review of an innovative trial design

Kristine Hirschhorn and Heather Boon

Natural Health Products and Pharmacy Practice: Document Analysis

Della Kwan

Canadian and U.S. pharmacists' attitudes, knowledge and professional practice behaviors toward natural health products: A systematic review

CAM Outcomes and Methodology

Session Chairs: Silvano Mior and Howard Vernon

Howard Vernon

Evaluating clinical outcomes of the integration of chiropractic in a primary care, hospital based setting

Andrea Mulkins

The Living Well Lab: Establishing a community based research institute to assess the impact of complementary medicine on the quality of life and rehabilitation of persons living with HIV/AIDS

Peter Hudoba

An Enlightenment Scale

Craig Kirker

I-MED INDEX, an innovative universal outcomes measurement tool

12:15 **Lunch** (buffet style)

1:30 **Keynote** Heather Boon, PhD *University of Toronto*
CAM Research in Canada: Past, Present and Future

2:00 **Launch of the Canadian IN-CAM Outcomes Database** Mark Ware, MD M CCP(UK), MSc on behalf of the IN-CAM Outcomes Database team

2:15 **IN-CAM: It's Your Network...where do we go from here?** - Heather Boon and Marja Verhoef

Poster Presentations

- 1. Explaining divergences in the regulation of dietary supplement health claims: Regulatory archetypes of Canada and USA**
[Marc Banik](#)
- 2. N-of-1 and homeopathy: Bringing research to the clinic**
[David Brulé](#), Brad Johnston, Sunita Vohra
- 3. Evidence-based review of the natural health product Milk Thistle (*Silybum marianum*)**
Terri Chan, [Heather Boon](#)
- 4. Multiple sclerosis pain and acupuncture: A review**
[Marjorie Hammond](#)
- 5. A balanced mix of outcome scales for low back pain**
[Peter Hudoba](#), J Caire, A Chuck, S Hsu, Sha Zhi Gang
- 6. Effects of massage therapy in pain management for complex trauma patients undergoing long term rehabilitation at an Ontario-based rehabilitation hospital: Four case studies**
[Anna Kania](#), Angela Growse
- 7. An Evidence-based review of the natural health product Saw Palmetto (*Serenoa repens*)**
Carmen Li, [Heather Boon](#)
- 8. Paradigm-based indicators for assessing traditional-based indigenous health services**
[Dawn Marsden](#)
- 9. Movement observation in children with developmental delays**
[Darcy McGehee](#), [Marja Cantell](#)
- 10. Developing a full vertical complementary and alternative health care taxonomy using a interaction/wellness paradigm**
[Antony Porcino](#), Matthew van der Giessen, Colleen MacDougall, Wendy Armstrong, Lori Choma, Shirley Desborough, Tony Corak, Shirley Ann Richards, Tom Lefaive
- 11. Vitamin E for improving lung function in people with cystic fibrosis**
[Larissa Shamseer](#), Cheri Robert
- 12. Music at a time like this**
[Mary Rykov](#)
- 13. Reporting of adverse events associated with herbal products**
[Rishma Walji](#), Heather Boon, Zubin Austin, Ross Baker, Joanne Barnes
- 14. Recruitment experience of a clinical trial on a spirituality teaching program for depression**
[Tracy Jing Xu](#), Sabine Moritz, Badri Rickhi, Mary-Jean Malyszka, Patti Paccagnan, Robin Reesal